

TUCSON TRAGEDY | ONE YEAR LATER

Loughner's lonely world before attack

By Sean Holstege
The Republic | azcentral.com

He was a portrait of isolation, a nobody. Only his parents and a small circle of old friends ever knew him.

Then, he strode into a crowd on Jan. 8, 2011, with a semiautomatic pistol in his hand. By the time the gun ran out of bullets, he was assured of exploding into the public's consciousness.

Thousands of news articles have examined the life of Jared Loughner, accused of killing six

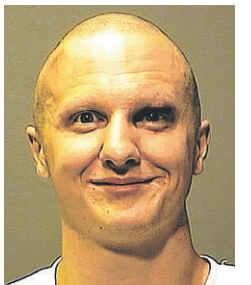
people and wounding 14, including U.S. Rep. Gabrielle Giffords, at a Safeway store north of Tucson. He has pleaded not guilty.

And yet little is known about Loughner's activities in the three months between his ouster from Pima Community College in late September 2010 and his visits to stores and a motel starting late on Jan. 7.

He bought the gun and twice got tattoos of bullets in November. Otherwise, he rarely ventured far outside his ZIP code, investigative records show.

But one clue reveals his consuming thoughts at the time: his Internet postings. His videos and online rants, plus new scraps of investigative evidence, portray a young man at the end of a road, in his childhood room, tapping out messages to an indifferent world.

The weird writings expose his hostile resentment of authority, his deteriorating mental state and his angst-ridden popular-culture influences. They also reveal his bitterness about a



Jared Loughner

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Sectarian violence worsens in Iraq



Hana Abbas Lazim, 11, grieves for her father, who was killed in a bomb attack in Sadr City, Iraq, Thursday. It was the second wave of attacks since U.S. forces pulled out. KARIM KADIM/AP

Bombings in Iraq deadliest in a year

By Adam Schreck
Associated Press

BAGHDAD — An apparently coordinated wave of bombings targeting Shiite Muslims killed at least 78 people in Iraq on Thursday, the second large-scale assault by militants since U.S. forces pulled out last month.

The attacks, which bore the hallmarks of Sunni insurgents, come ahead of a Shiite holy day that draws hundreds of thousands of pilgrims from across Iraq, raising fears of a deepening of sectarian bloodshed. Rifts along the country's Sunni-Shiite



Iraqis walk at the scene in the north Baghdad neighborhood of Kadhimiyah where twin car bombs exploded Thursday in a large string of attacks. ALI AL-SAAD/AFP/GETTY IMAGES

See IRAQ, Page A11

Military to get 'leaner,' Obama says

President: Cuts needed but won't erode elite status

By Greg Jaffe
Washington Post

WASHINGTON — The U.S. military will steadily shrink the Army and Marine Corps, reduce forces in Europe and probably make further cuts to the nation's nuclear arsenal, the Obama administration said Thursday in a preview of how it intends to reshape the armed forces after a decade of war.

The downsizing of the Pentagon, prompted by the country's dire fiscal problems,

means that the military will depend more on coalitions with allies and avoid the large-scale counterinsurgency and nation-building operations that have marked the wars in Iraq and Afghanistan.

Instead, the Pentagon will invest more heavily in Special Operations Forces, which have a smaller footprint and require less money than conventional units, as well as drone aircraft and cyber security, defense officials said. The military also will shift its focus to Asia to counter China's rising influence and North Korea's unpredictability. Despite the end of the Iraq war, administration

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BILL HEYWOOD: 1936-2012



Bill Heywood and his wife, Susan. The bodies of the couple were found in a Scottsdale hotel this week. NICK DE LA TORRE/THE REPUBLIC

Suicide of radio icon, his wife stuns friends

By Ofelia Madrid
and Randy Cordova
The Republic | azcentral.com

Bill Heywood knew he was losing his wife and soulmate to illness, and the longtime radio personality knew he couldn't live without her, friends say.

In recent times, when close friend Gary Edens asked about Susan, the normally affable Heywood was evasive, Edens said. Heywood's wife of nearly 35 years was known to have a heart condition. Friends knew they had had financial trouble, too.

The couple, described by friends as "joined at the hip," culminated their three-decade journey together this week, when Bill, 75, and Susan, 70, apparently took methodical steps to end their lives.

Scottsdale police say the Heywoods wrote down funeral arrangements and left instructions for family and friends at their home in northeast Phoenix. Then, on Tuesday evening, Susan checked into the Homewood Suites

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NATION & WORLD

Drivers admit dangerous habits

A safety survey finds a "Do as I say, not as I do" attitude among U.S. drivers, who identify several menaces on the road yet admit to engaging in those behaviors, including talking on a cellphone, sending or reading texts and drunken driving. **A3**



JACK KURTZ/THE REPUBLIC

VALLEY & STATE

Bundgaard's ex gives testimony

A former girlfriend involved in a freeway altercation with state Sen. Scott Bundgaard (near left, speaking with his attorney) testifies at a Senate ethics hearing that she believes lawmakers should expel the Peoria Republican over his conduct. **B1**

SPORTS

Cardinals assess weaknesses:

Cardinals coaches begin reviewing a disappointing season, evaluating players and strategies and looking at why plays went wrong. **C1**

BUSINESS

Apollo co-CEO to retire: Charles "Chas" Edelstein will step down in August as co-chief executive of the University of Phoenix's parent company and will not be replaced. **D1**

MOVIE PREVIEW

Worth seeing — or not: Want to know what's coming out in theaters in the next few months? Check out a list of 55 eclectic movies that will be released now through April. **P4**

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DAILY

Writings reveal Loughner's world

Continued from A1

long string of rejections and failures, culminating in outbursts of rage. The postings amplify his writings, remarks and actions over the previous four years.

Loughner would become America's most notorious assassin of the Internet Age. Unlike the brief statements of Lee Harvey Oswald, who killed President John F. Kennedy, or the trickle of poems or letters from John Hinckley Jr., who shot President Ronald Reagan, Loughner had an instant worldwide audience for hundreds of his online writings. A window opened into his mind.

Some of Loughner's last known public thoughts survive in archived screenshots, with thoughts of suicide, murder, revenge, sexual inadequacy, authoritarian conspiracies and existential emptiness.

Loughner researched the death penalty on his home computer, investigators say.

Hours before the shooting, his last writing was titled "Goodbye Friends."

"Dear friends ... Please don't be mad at me," he wrote, and then added, "I want to make it out alive."

Resentment of authority

"What's government if words don't have meaning?"

— Loughner posting on YouTube video, Dec. 15, 2010

Government was, for Loughner, one of several authoritarian forces to distrust.

Over the prior four years, he had had a half-dozen minor run-ins with police. He challenged teachers. At times, he feuded with his parents and would flee to nearby hotels along Interstate 10, investigators said. He wrote about his mistrust of organized religion.

In August 2007, Loughner put a cryptic question to Giffords at a public event: "What's government if words don't have meaning?"

It seemed an attack on the very legitimacy of government. Giffords fumbled for a reply. Loughner wouldn't forget it, her or his question.

Three years later, the same question appeared in the last line of a YouTube screed called "Introduction: Jared Loughner." The lengthy post read like a manifesto.

He saved a form letter Giffords sent to him after the 2007 encounter. Investigators found it in a safe in his room with the words "die, bitch" scribbled on it. Authorities also found on the envelope two bullet casings and the words: "These are the first. But I planned my assassination." There was a photo of the careful arrangement in the safe.

His anger at education authorities dated to high school, which he dropped out of his senior year.

In May 2010, he asked online gamers, "Is prison a close resemblance of high school?"

After his arrest, he told his psychologist in a Missouri federal prison that his high-school years were noted for "child abuse" and that in school "I was a child slave."

At Pima Community College in 2010, Loughner caused disruptions in classes and the library. And, on Sept. 23, he carried a video camera onto the campus at night, walking around and railing at the "genocide school."

"We're examining the torture of students," he said, deadpan.

The college suspended him six days later. When campus police came to his house, he told them, "Now, I realize this has all been a scam."

His resentments also led to conspiracy theories.

Delusional conspiracy theories and resentments of authority are common among violent schizophrenics in capital cases, criminal psychologists, former FBI profilers and expert-witness psychiatrists agree.

Loughner posted some of his ideas on abovetopsecret.com, a



Pima County sheriff and FBI officials continue their investigation Jan. 10, 2011, at the home of Jared Loughner in Tucson. MARK HENLE/THE REPUBLIC



Flowers, candles, notes and other remembrances mark the spot in early February where the massacre took place outside a Safeway north of Tucson nearly a month earlier. NICK OZA/THE REPUBLIC

"I'll see you on national TV. This is foreshadow. Why doesn't anyone want to talk to me? ... You're going to regret not talking to me."

JARED LOUGHNER
In a Dec. 14, 2010, posting on MySpace

site that touts itself as a place for intelligent debate on "a wide range of 'alternative topics' such as conspiracies, UFOs, paranormal, secret societies, political scandals, new world order and terrorism."

Loughner thought money not backed by gold was unconstitutional. That those in power kept it by controlling grammar, words, numbers and symbols; that the CIA and FBI read his online messages; that space-flight and organized religion were frauds; that teachers and government used mind control.

"The CIA is on your MySpace," he posted Nov. 24.

Fifteen days later: "I know your (sic) watching me pigs!"

Mental illness

"Be careful when you go out of your body."

— Loughner message on MySpace, Sept. 27, 2010

Last year, expert psychologists and therapists testified that Loughner had shown signs of schizophrenia since 2008 and had never been treated for it. He had suffered from depression since 2006.

Therapists said last year that he couldn't distinguish reality from hallucination.

Loughner also believed he could manipulate his own dreams. The line between the inward self and the outer universe was meaningless, he wrote.

He once wrote that "consciousness dreaming" — his mangled version of conscious or lucid dreaming — was his favorite

COVERAGE ALL WEEK



mark the shootings' anniversary.

Sunday: A *Republic* special report on U.S. Rep. Gabrielle Giffords and the families of Gabe Zimmerman and Christina-Taylor Green. Plus, new reports on every shooting victim.

Monday: Complete coverage of the memorials from Tucson.

ON AIR, ONLINE

'FOR OUR FUTURE'

A dozen Arizona students and former U.S. Supreme Court Justice Sandra Day O'Connor gathered to discuss how to find common ground on controversial issues, in a conversation inspired by shooting victim Christina-Taylor Green. Watch the entire conversation and see the students' essays and videos at future.azcentral.com.

pastime.

On Feb. 18, 2009, in one the earliest recovered writings, he asked an abovetopsecret forum, "Where is the universe?"

More than a year later, he drew a diagram of the universe, with him leaving it, which he posted on a forum for the online multiplayer strategy game Earth Empires. Gamers manage nations, form alliances and communicate directly in chat rooms.

Loughner pondered alternate universes, challenged the day's date and said the year could be infinite. He wrote that he would create new words, numbers and symbols.

On May 15, 2010, he started an Earth Empires discussion and mused if it would be taken seriously. After a tangled rant, he wrote about the mainline freight trains that passed near his home: "Why is that (expletive) train honking its horn. Its (sic) (expletive) a few miles away. That (expletive) train is every (expletive) hour."

One gamer's reply was a picture of a man in a suit with his head exploding.

Another gamer chimed: "Ouch. I guess that means this thread isn't going to be taken seriously."

On Sept. 16, 2010, Loughner wrote on MySpace that he was

contemplating suicide again, punctuating "notice the again."

On Oct. 7, Pima college administrators wrote him that he couldn't be readmitted without clearance from a mental-health professional.

His parents told investigators on the day of the shooting that he had gotten "weirder and weirder" over time. They'd find him facing a wall inside the house and talking to it.

Loughner would later tell a prison psychologist that he talks to invisible friends. Sometimes, prison officials found him screaming at them to stop.

Pop-culture fixations

"One, something's got to give. Two, something's got to give. Three, something's got to give now. Let the bodies hit the floor. Let the bodies hit the floor. Let the bodies hit the floor."

— Lyrics from "Bodies," by *Drowning Pool*, a song Loughner used in an Oct. 2, 2010, video on YouTube

Like many young people, Loughner drew from pop culture for ideas and inspiration, but his choices of books, music and film had an unusual edginess.

His thrash-metal musical influences had a violent, nihilistic twinge.

Loughner picked "Bodies" for the soundtrack for a YouTube film of him in stylized Grim Reaper costume as he burned a U.S. flag in a desert wash.

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New details about the Tucson shooting

In the year since the mass shooting outside Tucson, several new details have emerged about the case and the suspect, Jared Loughner. Among them:

» In November 2009, U.S. Rep. Gabrielle Giffords' office in Washington, D.C., received a suspicious letter that featured "a similar sentence structure" as that typical of Loughner's writings, the Capitol Police later told the FBI. The letter was destroyed before the shooting and was never proven to be from Loughner.

» When Loughner sat in the squad car outside the Safeway, listening to the police radio, he told the arresting deputies that he had acted alone.

» Loughner was arrested at 10:15 a.m. He was taken to a substation for his arrest photo and didn't arrive at Pima County Sheriff Office headquarters for processing until about 3:30 p.m. He was taken into federal custody at 9:55 p.m., nearly 12 hours after his arrest. About 20 minutes later, after a lengthy delay over issuing a search warrant, the FBI concluded a 3½-hour search of his house. Pima County Sheriff's Office Capt. Chris Nanos said the house showed nothing unusual, "no holes in the walls or broken furniture." The house had

a pool table and a set of weights and barbells.

» Sheriff's deputies broke the news of the shooting to Loughner's parents about an hour after the crime occurred. His mother, Amy, was home, while his father, Randy, was running errands. "They both were very cooperative," said Nanos, whose deputies described the couple to him as taken aback, not overly emotional at first, but genuinely concerned. "Nobody was defiant or defensive. More quizzical."

» Weeks after the arrest, when Loughner's parents were deposed by federal authorities, Amy appeared uncontrollably sad and needed long pauses to answer questions. Randy was protective, saying his son was not mentally ill and that the college had been unfair.

» Sometime after he arrived at a federal prison in Missouri, Loughner tried to send a letter to a local TV reporter explaining that Giffords was dead and that his lawyers were lying to him. Prison guards intercepted the letter and stopped it from going out.

Loughner

Continued from Page A4

It was the only commercial music in any of Loughner's postings. But musical influences mattered to the then 22-year-old, a childhood jazz saxophonist who embraced thrash-metal music early in high school.

Investigators found in his safe a CD called "Evangelion," by Polish death-metal band Behemoth. Retired FBI profiler Kathleen Puckett, who worked on the Unabomber case, says everything in the safe would have had paramount significance for Loughner.

The lyrics are laced with satanic references and images of death, destruction and suffering, with such lines as "I drink to desolation. I drink to your demise," and "Your life is death now."

In one song, Behemoth welcomes the listener to Amenti, which holds special significance for some believers in higher consciousness. Such ideas anchor a number of New Age spiritualist websites that blend theories of lucid dreaming, secret knowledge and government conspiracies, along with several other concepts Loughner wrote about.

It's unknown whether Loughner accessed such sites, but the Southern Poverty Law Center, which monitors hate groups and extremists, commented on the similarities soon after the shooting.

Taken as a whole, the ideas dovetail with the message of a 2001 full-length animation film "Waking Life," which news reports said was among Loughner's favorites.

The film starts with the line, "Dreaming is destiny." It follows a young man through dozens of random encounters in his dream, as strangers discuss their existential philosophies with him. In one, he's told he can't be held responsible for his actions, which are predetermined.



Jared Loughner's 2004 school photo

The protagonist realizes he's dreaming, but he can't wake up. He's trapped. He doesn't even know if he's alive.

Toward the end, a friend tells him he can make dreams do whatever he wants in lucid dreaming.

"Waking Life" features a lengthy dialogue about science-fiction writer Philip K. Dick, whose stories were adapted into the popular films "Total Recall" and "Minority Report." Both movies involve questions of what is real.

In an online post, Loughner named Dick and George Orwell among his favorite authors. Orwell's classic "1984" depicts a totalitarian government that can change history by altering language and climaxes when the hero is tortured into submission by agreeing that "2+2=5."

At Pima college, Loughner challenged a math teacher over a number in an equation. In one of his December YouTube posts, he claimed he was asleep, sleepwalking and "conscience dreaming."

Psychologists say Loughner's schizophrenia broke his mind's ability to filter. He likely couldn't tell that what he was watching, reading and listening to wasn't real. He appeared to be slipping into his own Philip K. Dick plot through his version of a "Waking Life" dream.

Feelings of rejection

"My sleeping bag is at an interstate wash from Tucson to Phoenix."

— Writing in a Dec. 30, 2010, MySpace message

In 2010, feelings of rejection and failure were becoming Loughner's steadiest companion.

Loughner had already been turned away from the Army. On Dec. 17, 2008, he failed a urine test and told recruiters he'd used marijuana earlier in life, investigative reports show.

He also had drifted apart from friends, who said his behavior grew too strange.

Likewise, Loughner had had several disputes with his parents that ended when he left the house, Pima County sheriff's Capt. Chris Nanos said. Credit-card receipts showed he'd stayed in hotels up and down I-10 in recent years.

Love, too, proved elusive.

"You are having a hard time getting sex. ... The thoughts of rape are coming to your mind. There is going to be a rape victim because of these thoughts," he wrote fellow online gamers in late April 2010 on an Earth Empires forum.

On May 5, Loughner started a thread soliciting gamers for stories of rejection by the opposite sex, followed by a sad-face texting symbol.

Prospects for work seemed just as remote.

On May 14, he started a thread asking about getting jobs. He listed 21 stores where he was seeking work. Gamers mocked him.

He hadn't collected any pay since 2009, investigators later learned. He had been dismissed from five jobs, he told gamers.

"Can't hold termination against future employee!" he typed in block capital letters, repeating it enough to fill four computer screens.

He said the chat forum was his social life. He turned despondent.

He started calculating his life earnings and what he'd paid for education. On June 4, he posted a spreadsheet, with three column headings: suicide, prison, career/job. Under career/job, he wrote things like "school (fail) (scam) (debt);" "sex life — none — free debt," and "death — debt."

Under the suicide column, he wrote "any second" 35 times.

An online companion asked what he was talking about.

Another replied: "The world may never know."

Rage

"I'll see you on national TV. This is foreshadow. Why doesn't anyone want to talk to me? ... You're going to regret not talking to me."

— Dec. 14, 2010, on MySpace

By mid-December 2010, Loughner's thoughts had turned increasingly violent, as if he were marching toward something monumental.

His initial venom was saved for police.

"I can't stand to look at a (expletive) pig without thinking about murdering that (expletive)!" he posted on Dec. 20 on MySpace. It wasn't the first time he'd written about killing police.

He had never had a serious run-in with law enforcement. He'd been stopped for graffiti and disturbances in class. The most serious was an arrest on his 19th birthday and a subsequent minor drug-paraphernalia charge.

Investigative reports show that on Sept. 26, a Marana police officer stopped and questioned him, responding to a suspicious-person report. Loughner was allowed to go on his way.

Writings about killing police picked up after that.

Retired FBI profiler Mary Ellen O'Toole, whose career focused on mass shooters, says a common trait is what she calls an "injustice collector." Such shooters often collect grudges, let them ferment and unleash an act of revenge far out of proportion to the initial insult.

In late December, Loughner's thoughts of sex and violence were colliding again.

He wrote that his "current situation revolves around



Pinal County sheriff's officers work near the home of Jared Loughner in Tucson on Jan. 8, 2011. Investigators found a safe in his room containing a number of items, including a form letter Rep. Gabrielle Giffords sent to him. It had threatening words scrawled on it. Authorities also found two bullet casings on the envelope.

MARK HENLE/THE REPUBLIC

prostitution" and referenced a video called "Dating Game," by the band Insane Clown Posse.

The lyrics start: "Let's meet contestant Number 1. He's a schizophrenic serial-killer clown who says, 'Women love his sexy smile.'"

By Christmas Eve, Loughner's metamorphosis from suicidal loner to hunter appeared complete. On MySpace, he posted a photo of the extended magazine for a 9mm Glock 19, from a product page at an online gun dealer. Tom Mangan, spokesman for the Bureau of Alcohol, Tobacco, Firearms and Explosives in Arizona, said, contrary to earlier news and investigative reports, the ATF never pinpointed where Loughner bought the extended magazine. The same model gun and magazine were used in the shooting.

Loughner described his sexual gratification in post-

ing the image. He titled the entry "My Countdown."

Thoughts of self-importance were starting to enter his mind. Puckett, the retired FBI profiler, said it's common for suspects with paranoid delusions to start believing in their own greatness, that their act of violence will save others.

Five days later, Loughner wrote: "Wow! With every day on torture, the hours are my painful isolation: these dreams, which are realistic, vehemence feeling of greatness — finally!" and then, "Dear reader — I'm searching. With every concern, my shot is now ready for aim. The hunt, a mighty thought of mine."

At 3:40 p.m. Jan. 7, a computer somewhere fired up an autodial program. The announcement of Giffords' "Congress on Your Corner" event the next morning went to the Loughners' home phone.

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